



Implants & Implant Supported Dentures

A Guide by:

DUNDRUM
DENTAL SURGERY





The Best Solution for Chewing Confidently



Strong, healthy, natural teeth are the best option for nutrition, chewing and communicating. We strongly encourage everyone to take the best care, and the most preventative health care approach to actively caring for their teeth. Today's children can have the very best in dental care from day one, however we have not all been that lucky!

If you have already lost teeth, or have teeth that are too loose or weak to save, Dental Implants are the equivalent of a 'second chance with teeth'.

When placed correctly and cared for carefully, dental implants can last a lifetime. Dental Implants are sturdy, fixed, life like replacements for teeth. When placed successfully, dental implants chew strongly with 'new teeth' that are reliably 'locked in place' solving many of the problems found with dentures.

Complimentary Dental Implant Consultation Available This Month
01 2986029 info@dundrumdentalsurgery.ie





Dental Implants and Implant Supported Dentures



We are the team from Dundrum Dental Surgery, and we have been privileged to provide general and Implant dental care to our wonderful patients for over 15 years.

Many new patients come to our Practice, with questions regarding implants or implant supported dentures. Some are worried about the prospect of getting false teeth, or unhappy with their loose uncomfortable dentures, but they simply don't know if dental implants are right for them.

We realised that many other people have questions too, but may not know where to get reliable information. So, our team have put together this guide to dental implants. It contains the same honest, straight talking advice we would give our family and friends. We hope you find this guide helpful, that it will help you make an informed decision as to whether dental implants may be right for you and explain what is important when selecting the right dentist to deliver your implant care.

If you have any further questions about dental implants, or other dental concerns, don't hesitate to give us a call or drop us an email! We are always delighted to help.

With regards
The Dental Implant Team
Dundrum Dental Surgery



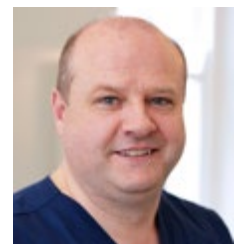
Dr. Wilson Grigolli
Dental Implant Specialist



Dr. Ray Barrett
Dentist



Dr. Paul O'Donnell
Dentist



Dr. David Hefferon
Dentist

The problem with losing teeth...

Eating and nutrition.

When teeth are lost, eating and nutrition often become a challenge. Over time their diet changes from nutritious, tasty foods to soft or mashed foods.

Talking and Laughing.

Many people have told us that they spoke less or laughed less after losing teeth. This may be due to embarrassment about gaps or simply the worry that loose dentures will move or dislodge. Over time this may result in less full communication with their friends and family, in work or socially.

Loss of Bone Structure.

When a tooth is lost, the bone around it shrinks, sometimes dramatically. This lost bone structure is irreversible.

Confidence.

Many patients tell us how much their confidence waned when they lost their teeth. Once a beautiful, strong and natural smile is restored many of our patients say that now eating well, socialising, chatting confidently and laughing are a pleasure.

The limitations of Dentures

Dentures can be a relatively inexpensive way of replacing missing teeth. Unfortunately, most patients find they have many drawbacks. One analogy is that a denture is a little like replacing a missing leg with a wooden leg - better than nothing but not as good as the technically advanced prosthetic legs that are now available.

Dentures are not as stable as teeth.

Real teeth are attached by roots into the jaw, meaning they are stable. Dentures are held in by a weak suction action. This suction is easily broken and dentures often move.

Dentures don't chew as well as teeth.

Studies show that full denture wearers only bite with about **20%** of the chewing force of patients with real teeth.

Denture patients need to learn a new way of eating.

The front teeth in a full denture are for appearance only. Biting on front denture teeth can tip a full denture out of position. Effective chewing is the first part of healthy digestion and in denture wearers this is often very compromised.

Denture patients need to learn a new way of talking.

A new denture is a large foreign body in your mouth. A lisp or slight whistle are common in denture wearers.

Upper dentures may make some people gag.

Lower dentures often hurt as they move around.

Some people never fully adjust to dentures.

We believe that at best, dentures are an acceptable treatment for the condition of missing teeth, but with the modern advancements in dental technology there are far superior options.

Implant Supported Dentures - Our Patient Stories

These are some of our patients and their real experiences in their own words, shared with their permission, photos have been changed for privacy purposes.

Louise



Louise was involved in the performing arts for much of her career, so it had always been important that her smile looked its best. Over the years she had always maintained her smile with dental crowns and other restorative treatments, but it finally got to the point where she needed a more permanent long term solution.

Louise had been a patient of Dundrum Dental Surgery for several years, and discussed her problem with her dentist, explaining that under no circumstances did she want dentures in her mouth. As her failing teeth were at the front of her mouth, she wanted a solution that looked and felt as natural as possible.

Our dentists and specialists recommended dental implants to Louise, and after some careful consideration, she decided to permanently fix her issues with treatment including implants and avoiding dentures. Since completing her treatment Louise has never looked back, she now says:

“I finally found a long term solution for my failing front teeth, I am so delighted, it has restored my confidence and also made going out to eat a really enjoyable experience once again”

George



George had been a patient of Dundrum Dental Surgery for almost 40 years. He had long been retired was enjoying life to the full on a daily basis. He was a bit unsure initially about getting implant supported dentures, but his ‘5 teeth total’ were impacting his ability to enjoy the foods that he liked.

George had a genuine fear of getting any work done, but after having implant supported dentures fitted, now says that the whole thing is ‘easier than getting a tooth out’. He has noticed a vast improvement in his quality of life and was delighted with the comprehensive explanation from his dentist before receiving the treatment.

“My remaining teeth were just not working properly to help me bite into food, or hold my old denture in place, and I needed a solution. Since I got my Implant Supported Dentures my appetite has increased dramatically and I have noticed a little weight gain, as I find myself ‘Eating like a horse’ ”

Jimmy



Jimmy was a smoker for over 20 years which damaged his lower teeth beyond repair, and after years of dentistry patch up jobs, he finally decided to do something about it and consider Implant Supported Dentures.

After speaking with his dentist in Dundrum Dental Surgery, he then agreed that the best course of treatment was the removal of 14 irreparable teeth, replaced by dentures placed on 4 dental implants. These days, Jimmy enjoys a drastically improved cosmetic smile, and can 'eat anything!'

In his own words:

"If I had gone to the dentist 10 years ago, I probably would have avoided the need for dentures, my one piece of advice for anyone thinking about Implant Supported Dentures is - If you can afford them, get them!"

The Benefits of Implants



Prevention of Bone Loss in the Jaw.

Dental implants can preserve bone in the face and jaw. Implants replace the root of the tooth and stimulate the jawbone, helping it maintain its density and prevent bone shrinkage.

Natural Feel, Function and Freedom.

Dental implants feel and function for more like natural teeth than dentures. You clean and care for them as you would for real teeth that you want to keep for life. Many implant patients tell us that with their implants they now enjoy steaks, crunchy fruit and salads and can laugh with confidence.

Dental Implants are a Proven, Successful Treatment.

Dental implants have been used for over 60 years and are rated as one of the most successful treatments in all medicine. When placed by experienced hands and cared for appropriately and actively, success rates can be as high as 98% over 10 years.

Reducing Inflammation in the Body.

Dental Implants often replace badly broken down teeth that have inflammation and possibly abscesses. Inflammation may be linked to illnesses such as heart disease, and may affect your overall health.

FAQ



Can I have implants if I have lost all of my teeth?

Yes. Dental implants may be used to replace a single tooth, several teeth or to support a full set of dentures. If you are in good general health, with a jawbone that can support implants, this treatment may be an option for you.

What are Dental Implants?

A Dental Implant is a small, strong titanium post that replaces a missing tooth root. This new titanium 'root' can be used to hold a single crown, a dental bridge or implant secured dentures.

Are Dental Implants reliable?

Dental Implants are one of the most proven and reliable dental treatments with success rates as high as 98%, provided they are placed in a healthy jaw bone, by an experienced practitioner and cared for carefully afterwards.

Does it hurt to receive a dental implant?

Surprisingly, 'no' is the short answer. Placing Dental Implants usually only requires a normal dental anaesthetic, similar to the one that the dentist gives to you when you get a filling.

What are the alternatives to Implants?

The alternatives to dental implants are living with missing teeth (this usually increases the workload on remaining teeth), removable dentures or Bridges (if adequate natural teeth remain).

Is there anything I should do in preparation for getting Dental Implants?

You can improve the success rate of your dental implants by giving up smoking and having an excellent level of oral hygiene and gum health before implant treatment.

How long will my Implants last?

This depends on several factors including your jaw bone health, gum health and the position of the implant. We believe that the implant system used, the experience of the implant dentist and the aftercare received may also affect implant success. Once correctly placed and healed satisfactorily, failure is very rare - less than 5% in 10 years.

Am I too old to get Dental Implants?

No! There is no upper age limit for dental treatment, as long as the gum health and bone health are adequate. Our Implant Specialist Dr Wilson Grigolli has placed thousands of dental implants across all age brackets with success.

Am I too young?

Dental implants should usually not be placed before 18, and often we will advise to wait until the early 20s. We offer several excellent alternative solutions for younger patients.

How much do Dental Implants cost?

The cost of an implant supported plan will vary according to the implant system used by the dentist, the number and location of the implants, the time taken and the additional treatment required eg implant crowns, dentures, bridges or grafting if needed. Each patient is unique in this regard and therefore we may estimate your options after we have fully assessed your individual case. We provide a fully inclusive written treatment costing for all of our patients, including details of guarantees and warranties.

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Questions To Ask Your Implant Treatment Team



Yes No

Is the person placing the Implants a Specialist and do they practice exclusively in Dental Implants, Periodontology or Oral Surgery?

☐ ☐

Who is restoring the Implants? Are they experienced in this area?

☐ ☐

Do the Implant dentist and the restoring dentist work together regularly and communicate face to face?

☐ ☐

Are all of the team registered with the Irish Dental Council and resident in Ireland?

☐ ☐

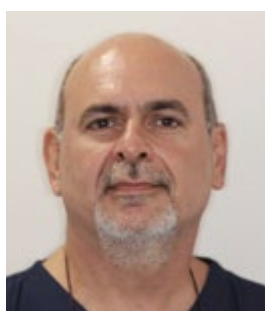
Is the Implant system used proven to be safe and of the highest international standard?

☐ ☐

Is there plenty of time built into my plan to allow my individual ability to heal?

☐ ☐

Our Dental Implant Team



Our Dental Implant Specialist Dr Wilson Grigolli DMD PhD
Specialist in Dental Implantology and Periodontology is one of the few specialists in the world skilled at placing Zygomatic Implants and has placed over 25,000 dental implants over his professional career. Dr. Grigolli has also been recognised as adjunct Professor of the University of Sao Paulo, and Professor of Post-graduate studies of the University of Lisbon and lectures on dental implants internationally.

Dr. Barrett, Dr O'Donnell and Dr. Hefferon are general and restorative dentists, together they have been in practice for over 60 years in Dentistry and Implant Dentistry.



Dr. Ray Barrett



Dr. Paul O'Donnell



Dr. David Hefferon

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